

## Safety Director Training Program (SDTP)

**Length of Course:** 22 Classroom Hours

**Member and Non-Member Price:** \$500.00

This course is designed for employees that have been assigned to the Safety Directors position with little or no experience. This course is a series of three, four - hour seminars that gives participants the basic information and training needed to administer a valid safety program. An on -site evaluation process will also be demonstrated to develop hazard identification skills. The 10- hour OSHA course will be incorporated into this class.

## Fall Protection

**Length of Course:** 3 Classroom Hours

**Member Price:** \$75.00

**Non-Member Price:** \$110.00

This course provides an overview of state-of-the-art technology for fall protection and current OSHA requirements. Topics include reference to Subpart M of the OSHA 1926 construction standards manual.

## Fall Protection (Trade Specific)

**Length of Course:** 3 Classroom Hours

**Member Price:** \$75.00

**Non-Member Price:** \$110.00

This course provides an overview of state-of-the-art technology for fall protection and current OSHA requirements. This class will be specific to your type of fall protection needs (Example: steel erection, roofing, etc.)

## Hazard Communication (HAZCOM)

**Length of Course:** 2 Classroom Hours

**Member Price:** \$55.00

**Non-Member Price:** \$90.00

This course helps participants protect themselves from chemical hazards and how to reduce the incidence of related illnesses and injuries. Participants will learn how to comply with the OSHA HAZCOM Standard by covering:

- How to determine if hazardous chemicals are present in the workplace
- Steps for setting up an effective hazard communication program
- Guidelines for labeling hazardous chemicals
- Using Material Safety Data Sheets to evaluate hazardous exposures
- Promoting responsibility for initial and ongoing HAZCOM activities
- Assessing gaps between the HAZCOM Standard and your workplace
- Identifying key actions for closing those gaps

## OSHA 10-Hour for Construction

**Length of Course:** 10 Classroom Hours

**Member Price:** \$135.00

**Non-Member Price:** \$210.00

*This course is also available in Spanish*

The 10-Hour program provides a variety of training on Construction safety and health to entry level workers. In order to complete this program, a participant must fulfill 10 hours of course time. Instructors identify safety and health principles that help participants meet OSHA requirements. Special emphasis is placed on areas in construction that most commonly result in worker injury or property damage. Upon finishing the course, participants will receive a 10-Hour OSHA Construction Card. The following topics are covered in this program: \* Means Required

- Introduction to OSHA \*
- OSHA Focus Four \*
- Health Hazards \*
- Personal Protective Equipment \*
- Scaffolding
- Stairways & Ladders
- Hand & Power Tools
- Excavations & Trenching
- Fall Protection
- Crane Safety
- Hazard Communications & Silica \*

## OSHA 10-Hour for Construction (Trade Specific)

**Length of Course:** 10 Classroom Hours

**Member Price:** \$185.00

**Non-Member Price:** \$250.00

*This course is also available in Spanish*

This course focuses on safety training in a particular trade. Although the trade specific 10-Hour requires these topics Introduction to OSHA, Focus Four Hazards, and Health Hazards, the balance of courses will be trade specific, chosen from a list of electives.

## OSHA 30-Hour for Construction

**Length of Course:** 30 Classroom Hours

**Member Price:** \$395.00

**Non-Member Price:** \$595.00

*This course is also available in Spanish*

The 30-Hour program provides a variety of training to workers with safety responsibility within the company. In order to complete this program, a participant must fulfill 30 hours of classroom time. This course covers OSHA policies, procedures, and standards, as well as construction safety and health principles. Special emphasis is placed on those areas that are most hazardous, using OSHA standards as a guide. Upon successful completion, the participant will receive a 30-Hour OSHA Construction card. The following topics are covered in the 30-Hour program: \* Means Required

- Introduction to OSHA \*
- General Safety, Health Provisions
- Focus Four \*
- Health Hazards in Construction\*
- Personal Protective Equipment \*
- Materials Handling
- Tools—Hand & Power
- Scaffolds
- Steel Erection
- Confined Space Entry
- Motor Vehicles, Mechanized Equipment, Rollover Protective Structures
- Overhead Protection & Signs, Signals, & Barricades
- Occupational Health & Environmental Controls (HAZCOM) \*
- Power Industrial trucks
- Ergonomics
- Competent Person
- Clarification of Citation Policy
- Fall Protection
- Fire Protection & Prevention
- Welding & Cutting
- Materials Storage, Use, Disposal
- Excavations
- Cranes, Derricks, Hoists
- Stairways & Ladders \*
- Concrete & Masonry Construction

To all AGC of Kentucky Members and construction employees,

In an effort to assist you in your safety and education training needs, we have developed this summary of safety training courses. Additional classes can be arranged upon request. These courses can be scheduled at one of our three area office locations or brought directly to your office or jobsite. AGC of Kentucky can offer day, night, and weekend classes. You will also find that AGC offers advanced opportunities such as trade specific courses designed for a more in-depth class. You may also complete our safety training request form online at [www.agcky.org](http://www.agcky.org). We hope you'll consider AGC your first choice in fulfilling your training needs.



Sincerely,  
Ronnie Perkins  
Safety & Education Director  
AGC of Kentucky, Inc.  
(800) 456-0215  
[rperkins@agcky.org](mailto:rperkins@agcky.org)  
<http://www.agcky.org>



**AGC of KENTUCKY**

# **SAFETY COURSE CATALOG**

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## **2010**



**AGC of KENTUCKY**

## On-site Evaluations by Safety & Education Director The First Two Evaluations Are Free!

### Approximate time to perform :

- Review written programs at your location (2-3 Hours)
- Technical assistance about a specific topic (2 Hours)
- A scheduled inspection for a comprehensive hazard review (2-5 Hours)
- Focus Four: Falls, Electrical, Struck by, Caught-in-Between (2 Hours)



On-Site Evaluations will be performed by AGC of Kentucky Safety & Education Director, Ronnie Perkins. To schedule an evaluation or if you have questions please contact Ronnie at (800) 456-0215 or by email to [rperkins@agcky.org](mailto:rperkins@agcky.org).

## CPR, First Aid, and Bloodborne Pathogens

Length of Course: 5 Classroom Hours

Member Price: \$50.00

Non-Member Price: \$65.00

*This course is also available in Spanish*

This course covers CPR, First Aid, and Bloodborne Pathogens training combined into one course. During this course, the instructor and participant will review topics that include the following:

- Breathing and cardiac emergencies in adults, infants, and children
- Identifying and caring for bleeding, sudden illnesses, and injuries
- Preventing disease transmission

Bloodborne Pathogens training meets the OSHA Bloodborne Pathogens Standard and is a participant's training tool if and/or when they may come in contact with infectious materials as part of their jobs. Course topics include the following:

- Transmission of diseases
- Universal precautions
- Labeling
- Prevention
- Exposure Control

## Focus Four in Construction

Length of Course: 4 Classroom Hours

Member Price: \$ 100.00

Non-Member Price: \$175.00

This course provides information about the four areas of commercial construction that cause the most fatalities. The focus four include; Fall hazards, Electrical hazards, Caught-in-Between hazards, and Struck By hazards. Examples of fatalities will be discussed and methods to prevent their reoccurrence will be given.

**Trenching/Shoring**

Length of Course: 3 Classroom Hours

Member Price: \$55.00

Non-Member Price: \$90.00

This course focuses on OSHA standards and on the safety aspects of excavation and trenching. Participants are introduced to practical soil mechanics and its relationship to the stability of shored and unshored slopes and walls of excavations. Various types of shoring are covered.

**Trenching/Shoring (Advanced)**

Length of Course: 6 Classroom Hours

Member Price: \$149.00

Non-Member Price: \$225.00

This course focuses on OSHA standards and all safety aspects of excavation and trenching. Participants are introduced to practical soil mechanics and its relationship to the stability of shored and unshored slopes and walls of excavations. Various types of shoring are covered. Examples of trenching fatalities will be discussed involving competent person responsibilities. This class will assist in becoming a competent person for trenching.

**Developing an Effective Safety Program**

Length of Course: 2 Classroom Hours

Member Price: \$25.00

Non-Member Price: \$65.00

This course provides step-by-step guidelines for developing an effective occupational health and safety program in the workplace. By outlining the required training elements for contractors and indicating all the necessary elements, this course will provide the participant with every component vital for an effective safety program.

**Confined Space Entry**

Length of Course: 3 Classroom Hours

Member Price: \$55.00

Non-Member Price: \$90.00

This course enables participants to recognize, evaluate, prevent, and abate safety and health hazards associated with confined space entry. Technical topics include the recognition of confined space hazards, basic information about instrumentation used to evaluate atmospheric hazards, and general permit space ventilation techniques.

**Scaffolding**

Length of Course: 3 Classroom Hours

Member Price: \$55.00

Non-Member Price: \$90.00

This course focuses on the hazard identification associated with several types of scaffolding. Participants will identify the different types of scaffolding, from Suspended Scaffolds, Supported Scaffolds, and other types of Scaffolds including Aerial Lifts. This course will cover the steps participants can take in order to lessen or eliminate scaffolding hazards, and additional information regarding scaffolding safety.